Topic
Different concepts of abnormality, antinomy, history, models of mental disorder. Obstacles to clear thinking: loose public image, euphemism, dysphemism, paleologic. (Read pp. 1-12, Ch. 2)

Mental health vocations p. 18

Stress disorders: acute stress disorders, PTSD, Post-Traumatic Growth (Read Ch. 5)

Anxiety disorders: GAD, phobia, panic disorder, OCD (Read Ch. 4)

Assessment and the DSM (Read Ch. 3 and article "Mind over meds, linked on course page under Required Reading"

Psychological treatments: psychoanalysis, classical and operant conditioning, cognitive behavioral therapy

FIRST EXAM Monday, July 8

Somatoform & Dissociative disorders (Read Ch. 6)

Personality & impulse control disorders (Read Ch. 13) ALSO listen to “The Psychopath Test” linked to course page under Required Media. It takes about 3.5 minutes to load. We will be discussing this in class Monday July 15.

Institutions and deinstitutionalization; Mentally ill on the streets and in jail; law and mental disorder (Read pp. 13-17, 383-389, 492-512 and articles "Dangerous and mentally ill" and "California college accuses..." linked to course page under Required Media)

Sex disorders (Read Ch. 11)

Eating disorders (Read Ch. 9)


SECOND EXAM Thursday, July 18

Substance abuse, Part 2. Stimulant drugs, marijuana, hallucinogens, designer drugs, and others. (Read pp. 295-318)

Schizophrenia, dopamine hypothesis (Read pp. 358-383)

Mood disorders, creativity, suicide (Read Ch 7, 8)

Cognitive disorders, Brain Injury, Psychological testing, Aging, Dementia, Mental retardation (Read Ch. 15, pp. 454-462)

Changes made in DSM 5 published May 2013

THIRD EXAM (NOT cumulative), Thursday. August 1
Course page: [http://psychology.ucdavis.edu/sommerr/PSC168](http://psychology.ucdavis.edu/sommerr/PSC168)
The course page contains the syllabus, textbook details, contact information for the instructor and TA, and links to past exams with answers.

e-mail: Bob [rosommer@ucdavis.edu](mailto:rosommer@ucdavis.edu)
TA: Shirley [syschan@ucdavis.edu](mailto:syschan@ucdavis.edu)
Office hours: Bob: Monday, Wednesday 10-10:50, Room 273 Young Hall
Shirley: Thursday 10-10:50, Room 146 Young Hall

Each exam counts 1/3 of course grade. The final is NOT cumulative. It covers material following the second midterm. There will be an in-class review on the session preceding each exam. The first two exams will have multiple-choice questions plus an essay (25% Exam 1, 24% Exam 2) with a choice of 1 of 2 questions).
Links to previous exams are on the course page. Exams in 2005 and 2007 contain an essay question. Note that different textbooks and chapter assignments may have been used in earlier classes, so some questions will be unfamiliar. While the instructor has tried to asterisk the correct answers, it is possible that a typo made it into an old exam item; if this happens, it remains your responsibility to get the answer right on the exam.
Typically, 90-100% is some form of A, 80-89% some form of B, 70-79% some form of C, and so on.

The lectures cover some material not included in the textbook, so attending lectures or borrowing notes from someone who does attend is important.

Course goals: This course has two objectives, one concerned with content and the other with awareness. The content goal includes the major symptoms, theories, terminology, research findings, and treatments for adult mental disorders. This material is contained in the lectures and the textbook and is tested on the examinations.
The second goal is increased awareness and understanding of yourself and others. This will be attempted through accounts from published memoirs of people with mental disorders, examples from the media, and videos that put a human face on the disorders.